

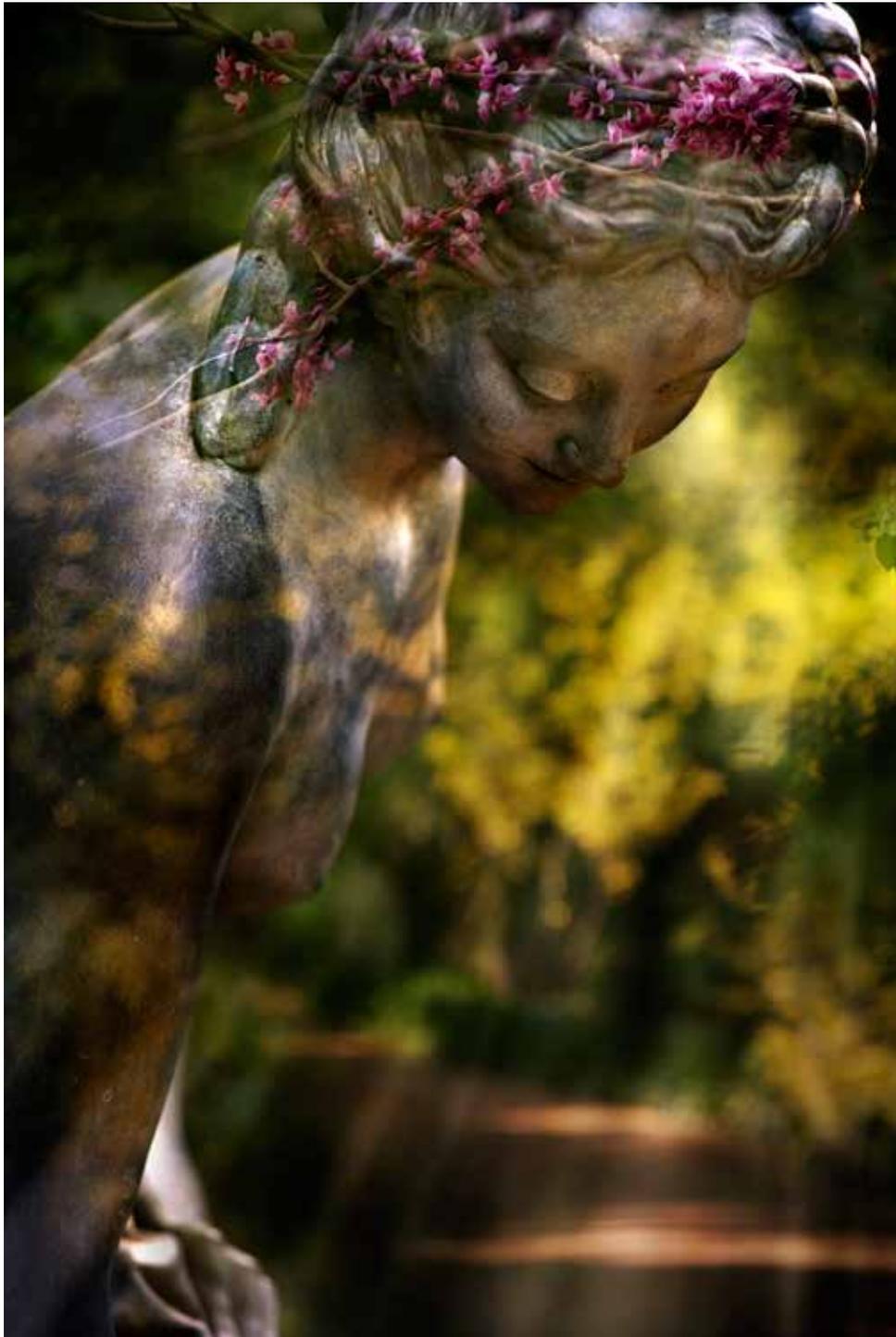


Jaspers

ORGANIC DAY SPA

a jewel in the crown





JASPERS ORGANIC DAY SPA

Introduction

Indulge in luxurious treatments that transports you to another place and time. **Jaspers Organic Day Spa** is a perfect setting to relax...a cocoon for revitalising the soul and to re-energise your mind and body either alone, with your partner or with friends.

We have created an opulent sanctuary for wellness. Serene in natural beauty and intimately private, the **Jaspers Organic Day Spa** provides a haven for renewal and inspiration for lifestyle change.

Our Spa features granite bathrooms, a Foot & Hand Spa Room with a Sauna, a Double & Single Treatment Room with a Marble Bath.

Home grown herbs together with fresh garden vegetables are the perfect addition to our Spa Cuisine with a variety of herbal teas...of course not forgetting a glass of Bubbly to remind you that it's okay to indulge!

Our Spa therapists encompass an holistic approach to well-being and are passionate about delivering an enriched, tranquil and calming therapy.

During treatments contemplate our Sleeping Beauty Statue in the garden ~ a perfect backdrop for meditation.

To make your reservation, please email info@jaspersberry.com.au with your preferred treatment, date and time or phone 1800 817 402.

JASPERS ORGANIC DAY SPA



Our Philosophy

We believe in bliss, utter joy and contentment. We believe in using nature's beauty to nurture your mind, body and spirit.

We have chosen to partner with the luxurious Australian made **OrganicSpa** products to bring you an exclusive range of spa therapies to enhance your treatment and experience at **Jaspers Organic Day Spa**.

Drawing on natural resources from the earth and sea, **OrganicSpa** products regenerate the skin and infuse a deep sense of wellbeing to spirit and mind.

Developed in the pristine shire of Byron Bay Australia, **OrganicSpa** skin and body care products are a certified organic and vegan wellness and beauty range. The **OrganicSpa** range uses only ethically sourced natural products including medicinal plant extracts and essential oils of the finest, therapeutic grade.

Choose from facial, body and massage therapies or indulge in a tailored day spa package to suit your individual needs.

Unwind in our sumptuous and serene private suite of rooms.

The Jaspers Organic Day Spa provides a haven...escape, embrace, experience.

Enjoy the journey as well as the destination.





FACE THERAPY

Food for the Face

Jaspers Radiance Facial (60 min) \$165

This skin specific organic facial is deeply detoxifying, helping to even skin tone and increase skin clarity. This is a relaxing facial massage that releases a build-up of toxins, to improve radiance and restore a glowing complexion. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified, nourished and perfectly balanced. Your therapist will tailor your facial specifically to the unique needs of your skin type.

Jaspers Detoxifying and Decongest Facial (75 mins) \$185

Suitable for oily, combination and sensitive skin, this treatment is ideal for people experiencing any form of congestion or skin stress. This multi-detox and balancing facial mask uses Kaolin and Bentonite designed to promote clear, smooth and radiant skin. Combined with lymphatic drainage and acupressure massage, this treatment delivers whole body benefits.

Jaspers Renewal Facial (75 mins) \$195

This facial transforms tired skin that lacks lustre, revealing a smooth luminous complexion. The treatment uses natural oxidants, Vitamin C and Green Tea, boosting your skin radiance, reducing the visible signs of aging and stimulating collagen and elastin production.

Jaspers Hydration Anti-Aging Facial (75 min) \$205

This treatment is suitable for all skin types particularly for those in search of anti-aging results. This facial boosts the skin hydration using a mask infused with Mountain Pepper Berry and Hyaluronic Acid, formulated to restore the lipid barrier, decreasing the signs of aging. This facial results in instantly firmed and tightened skin with a natural and more radiant glow.

Jaspers Organic Peel (60 min) \$165

This peel will leave your skin beautifully cleansed, exfoliated and nourished. A deep rejuvenating peel incorporating both a mask and massage stimulates the skin's natural collagen and elastin production. This reduces the signs of aging and pigmentation whilst clarifying and resurfacing the skin layers. Perfect for a mature and demanding skin.

Can be offered as a specialised facial or a treatment period over 6 weeks.

All prices quoted +gst



The time to relax is when you don't have time for it

Sydney J Harris



BODY THERAPY

Body Beautiful

Jaspers Body Glow (60 mins) \$135

Using OrganicSpa luxurious sea salt buff, your body will be gently exfoliated with Macadamia Seed, Jojoba Oil, Macadamia Oil and Body Butter leaving the skin soft, moisturised and supple.

This rich certified organic sea salt scrub removes dry flaky skin to reveal smoother softer skin. The application of the rich body butter moisturises and nourishes the skin, stimulating cell renewal and giving a healthier tone and texture.

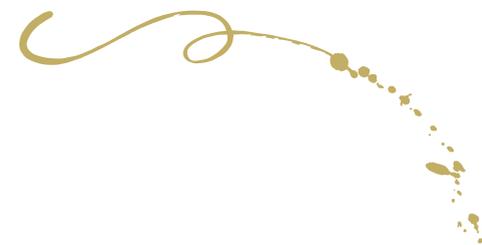
Jaspers Hydrating Body Cocoon Mask (75 mins) \$180

Not just a body wrap, this treatment is a truly amazing total body treatment, starting with our sea salt scrub to cleanse the body and soften the skin, followed by a light cleansing shower.

Next, experience a full hydrating body mask featuring coconut oil, shea butter, papaya fruit extract and refreshing scents of Geranium, Grapefruit and Spearmint.

The Cocoon Wrap and Body Butter massage will leave the skin luxuriously soft, refreshed and rebalanced. This treatment is the ultimate spa experience and includes an aromatic relaxing scalp massage.

All prices quoted +gst



Bodies need to be re-energised, rejuvenated and nurtured

Alison Howard

MASSAGE THERAPY

Secrets of Sensual Healing

Jaspers Body Signature Treatment (30 min/60min/90 min) \$80/\$130/\$190

This deeply relaxing and restorative massage treatment begins with a soothing essential foot bath. Next, using the OrganicSpa body aromatic oil, your legs and feet will be massaged, moving upwards to the whole back, including the neck and shoulders. Hands and arms will also get the attention they deserve finishing with a calming scalp massage.

Ancient Stone Massage (30 min /60 min/90 min) \$95/\$155/\$205

If a deeply indulgent body massage is what you are looking for, then look no further.

Using the OrganicSpa aromatic massage oil and a combination of Swedish massage techniques and warm volcanic stones, this ancient stone massage will simply melt away muscle tension, ease stress and stimulate blood circulation.

One stone movement is equivalent to 10 hand movements.

Four Hands Massage (60 mins) \$240

OrganicSpa synchronised massage, commonly known as 'four hand massage'.

Warm hands of two trained therapists work in a synchronous dance to give a therapeutic relaxing treatment utilizing natural ayurvedic oils to cleanse, heal, restore and balance the entire body's energy flow. Stimulating the circulatory system, this massage is the classically natural way to rejuvenate all the nerve endings.

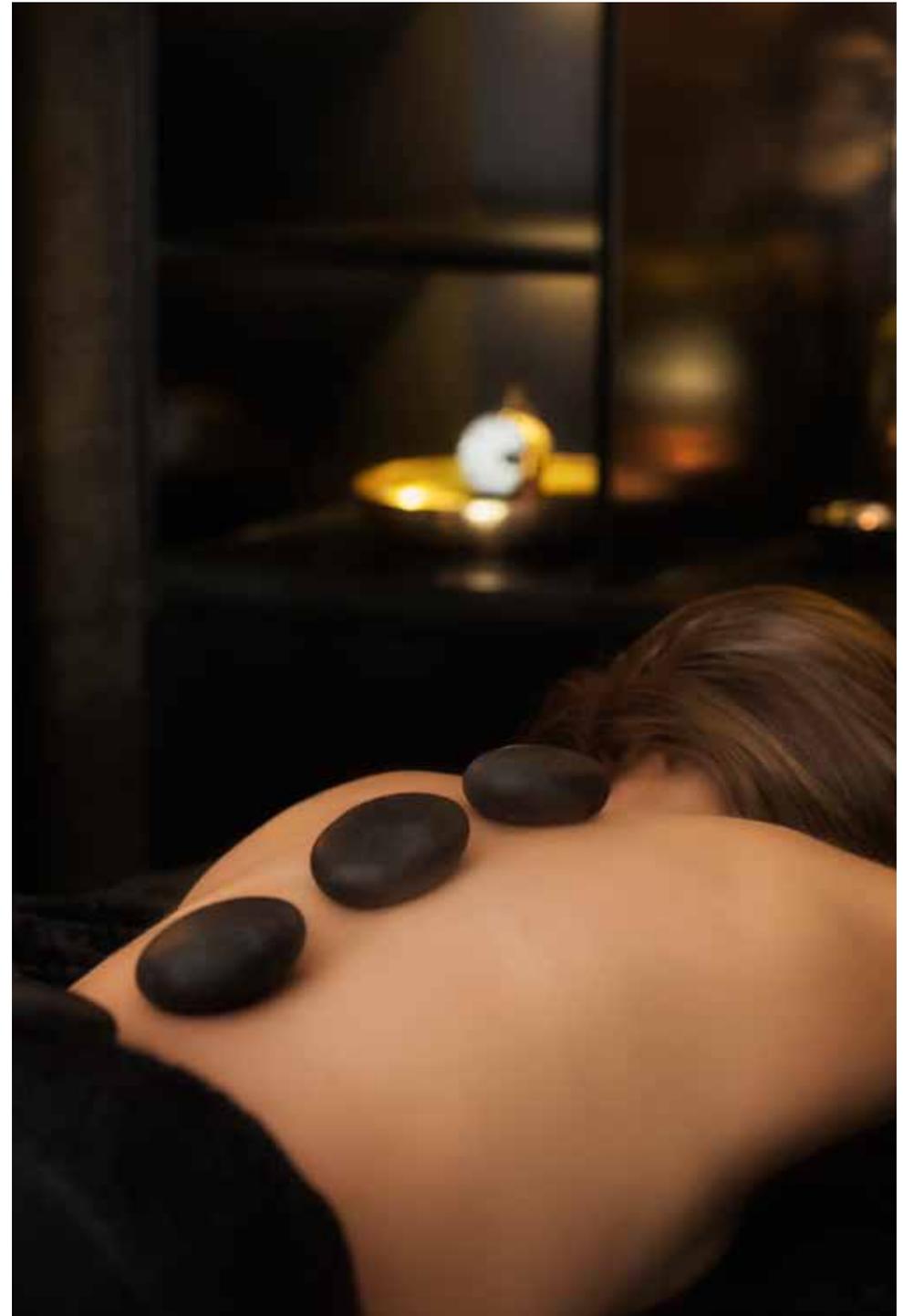
Individual bookings only.

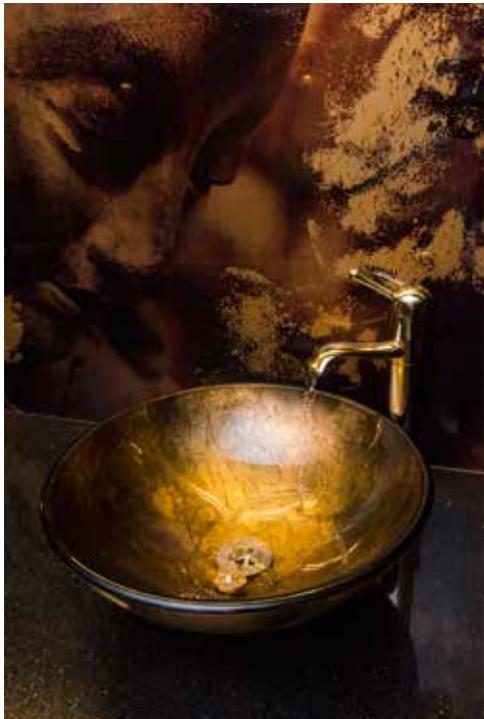
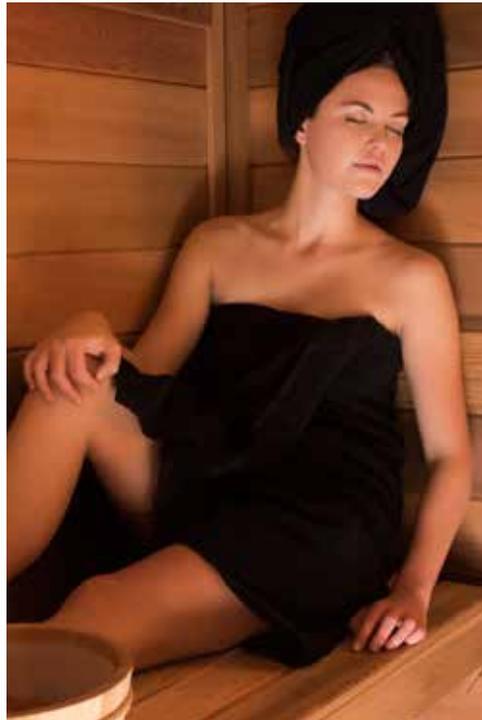
All prices quoted +gst



In the absence of touch, people of all ages can sicken and grow touch starved

Diane Ackerman





SPA TREATMENT ADDITIONS

Those little extras

Foot Ritual ~ salve for the soles (30 min/60 min) \$65/\$110

The perfect treatment to aid relaxation for everyone, particularly those suffering from fatigue, aching and heaviness in the feet and lower legs. Enjoy a warm aromatic foot soak followed by a sea salt scrub and our hot stone oil massage, finish with a foot mask for hydration and restoration.

Our foot ritual includes a hand massage.

AHA foot wrap can be included to aid deeper exfoliation of calcified feet, additional \$40

Hand and Arm Ritual ~ a hands on affair (30 min/60 min) \$65/\$110

A perfect treatment for those hard-working hands and arms. This treatment will leave your hands feeling nourished and relieved of tension. Enjoy a warm aromatic foot soak whilst we get to work on your hands. This treatment consists of a sea salt scrub to your hands and arms with the use of hot aromatic towels for removal of the salt. Followed by a warm oil massage and then to complete the hydration part of the ritual we wrap your hands in a hydration mask.

Our hand ritual includes a scalp massage.

AHA hand wrap can be included to aid to a deeper exfoliation to over worked dehydrated hands, additional \$40

Hot Oil Indian Head Massage ~ to top it off (20mins) \$65

This is a perfect way to complete your spa experience and leave you floating home. This unique treatment nourishes and rehydrates the scalp, whilst targeting the muscles of the scalp, aiding deep relaxation and stress relief.

Sauna Indulgence ~ the ultimate surrender (30 mins) \$40

Our sauna is a lovely way to start or complete your organic Spa experience. Our Sleeping Beauty Statue and garden setting enhances meditation...you will be relaxing those tired muscles with the heat from the stones and the smell of the cedar~our Sauna is an all time favourite!

Sleeping Beauty Bath ~ you can never have too many bubbles! (30 min) \$45

Enjoy a glass of bubbles in a warm milk infused aromatic Rose Petal Bath

Our 'Little Extras' are additional treatments and can only be booked with other Spa therapies.

All prices quoted +gst



One of the secrets of a happy life is continuous small treats

Iris Murdoch

BABY ON BOARD

Unwind Pregnancy Massage (60mins) \$165

Feel nurtured and supported in a time of constant change. With the use of our specialty pregnancy pillow our aim is to provide the most comfortable relaxing and supportive treatment. This massage will help relieve tension and stress on those sore muscles in your back and shoulders. The legs are massaged to ease the heavy feeling that can come from pregnancy and a full scalp massage completes this top to toe treatment. Rosehip oil can be used on your baby belly if you would like a massage to your stomach. This aids in supporting skin elasticity and reduction of stretch marks.

Pregnancy Glow Facial (60mins) \$135

This luxurious facial harnesses the regenerative properties of the rose flower to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. This treatment helps to boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented.

All OrganicSpa products are safe for use during pregnancy.



FOR THE BOYS

Grooming Department Body Recovery (60 mins) \$165

'Grooming Department' recovery treatment has been created to combat the stresses of modern life. Beginning with a back massage, using our specially blended massage oil and hot stone therapy, the treatment moves on to a simple and effective facial and head massage. Great for reducing stress and promoting deep relaxation. This recovery treatment sets you back on track.

Grooming Department Signature Treatment (90 min) \$225

Our signature treatment has been specially created for the modern active man. This is a combination of deep tissue massage, Swedish massage, hot stones and acupressure facial and foot massage. The treatment encourages blood flow through the body, relieves stress and promotes deep relaxation. Our signature treatment restores equilibrium ready for the challenges ahead~ add a Sauna to this and your package is complete!

All prices quoted +gst

Everyone needs nurturing and a little bit of loving

John Odel



SPA THERAPY JOURNEYS

Pure indulgence and luxury, these individualised packages takes you on a journey of absolute bliss

Perfectly Pampered (2 hours) \$265

This package is a perfect pick me up! De-stress in our hot sauna followed by our foot ritual treatment, whilst overlooking the Jaspers Spa meditation garden. Your pampering is completed with the serene Jaspers Radiance Facial.

Sole to Soul - Jaspers Indulgence Package. (3.15 hour) \$425

This is our total detoxification and unwind package. Three plus hours of pure unadulterated relaxation. Your treatment combines the use of the sauna to start your journey. Then take a step into foot heaven with a foot ritual followed by our body treatment where you will experience the Jaspers Hydration Body Cocoon Wrap. Complete this experience with our Jaspers Radiance Facial.

Girls Getaway (3.30 hour) \$495

Girls just want to have fun! This journey will deliver a wonderful relaxed state of mind and body. Our sauna is the optimal place for relaxation followed by your body treatment of sea salt buffed skin with our Jaspers Body Glow. Shower and roll onto the treatment table and experience our Ancient Stone Massage...if you are not already floating then this will be the treatment that will bring a deep sense of relaxation. Last but certainly a lucky last experience our Jaspers Radiance Facial. To complete your girly day finish off with a glass of bubbles or herbal tea.

Jaspers Ultimate Luxury Package (4.15 hours) \$635

For the complete experience of spa luxury...perfect for the bride or groom or the new Mr & Mrs! This is a wonderfully holistic package. Start the journey in our cedar sauna, followed by our foot ritual Salve to the Sole massage enjoying the surroundings whilst experiencing the relief to those tired sore feet. Awaiting you next is the Jaspers Hydration Body Cocoon Wrap with sea salt scrub. Journey on with our Ancient Stone Massage. Finally to complete this ultimate luxury package, we pamper your face and scalp with our Radiance Facial and Indian Head Massage.

Savour the experience with herbal tea or bubbles and delicious refreshments from our Spa Cuisine... The ultimate luxury!

All prices quoted +gst



Take care of your body- it's the only place you have to live
Jim Rohn





SPA CUISINE

Raw & Cured

Our dishes contain an array of naturally mixed nutrients, are low in cholesterol and we only use good fats! Our creative team prepares everything from scratch, so not only do these dishes taste fabulous but they will suffice any craving you have and boost your body with abundance of feel good nutrition!

Greenwell Point Pacific Oysters
w/ native finger lime

Raw, Pickled & Cooked Vegetable Salad
w/ smoked almonds, pomegranate, goat's feta & apple vinaigrette

Butternut Squash Soup
w/ smoked mackerel & avruga

Cured Tasmanian Ocean Trout
w/ trout roe, dill & yuzu

Air Dried Wagyu Beef Bresaola
w/ hazelnut, artichoke, watercress & truffle pecorino

Sashimi of Yellow Fin Tuna
w/ sesame, wakame & ponzu

Smoked Free Range Chicken
w/ jamon, potato & parsley

Local Lobster Tail
w/ crab, cucumber & avocado

Charcuterie Picnic Board
w/ smoked meats, herb house olives, cheese, bread & chutney

* menu subject to change with seasons / POA
We will customise your Spa Cuisine Menu to accommodate individual requests

ENHANCING YOUR SPA EXPERIENCE

Spa Etiquette

Jaspers Organic Day Spa Gift Vouchers

Indulge those you love with a **Jaspers Organic Spa Gift Certificate**, available for all treatments, products and packages. Vouchers are valid for 12 months from purchase and can be express posted, emailed or made ready for pick-up at the Spa.

Our team would be delighted to help you design a bespoke package of treatments.

Please note that Gift Vouchers are non-refundable and non-transferable.

Group Bookings

We offer customised programs to suit all occasions, such as 'Hens Day' and we welcome group bookings.

Product Purchase

If you would like to continue your skin and body care program at home, all treatment products are available for purchase at Reception.

Cancellations Policy

Payment details will be taken at the time of booking to secure your treatment.

Cancellation within 48 hours will incur a 100% charge.

In case of a missed appointment with no advance notice (no show) a 100% charge also applies.

Refund Policy

Treatment services, packages and products are non-refundable, non-transferable and non-exchangeable once purchased.

Spa Arrival

Please arrive at least 15 minutes before your scheduled appointment.

Please understand that late arrivals may result in a reduced treatment time.

Prior to your first Spa treatment, a Therapy/Treatment Questionnaire is to be completed.

This form provides client health and injury history information for the therapist and allows you to inform the therapist of your goals for the session.

Please advise at the time of booking if your medical history includes serious illness, impaired immunity, allergies, high blood pressure, fever, diabetes or heart conditions. If you suffer from any of the above medical conditions a Doctors Certificate will be required before undergoing any Spa treatments.

Pregnancy

We have tailored Spa treatments that are particularly suitable for mums-to-be and nursing mothers.

The Spa Reception team would be delighted to help and guide you in selecting the most suitable treatments for you during this special time.

The minimum age requirement for Spa treatments is 16 years of age.

General Information

All Spa services may be subject to change without notice.

Lockers, robes and slippers are provided on arrival and disposable underwear and all amenities are provided during your treatment.

Please bring appropriate swim-wear as this is required at all times in the Sauna.

Alcohol or non-prescription drugs must not be taken prior to your Spa treatment and Guests under the influence will be asked to leave the Spa in the best interests of their health.

Our Spa environment is one of relaxation and tranquility. In light of this, our Spa precinct is a mobile phone and smoke free environment.

You are never required to be completely undressed during any treatments, though state of undress is a personal choice. Our therapists are trained in the art of draping the body so your modesty is always maintained.

Loss or Damage

We regret that we cannot be held responsible for any loss or damage of your personal possessions. When you visit, please remember to keep all valuables locked in your locker.

Please do not bring jewellery and valuables to the Spa.

A selection of teas and bottled water are available during your treatments.

Treatments by appointment only

Jaspers Organic Day Spa is located at Jaspers Berry 4 O'Keeffe's Lane Jaspers Brush (4km from Berry)

Jaspers Organic Day Spa 1800 817 402



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