

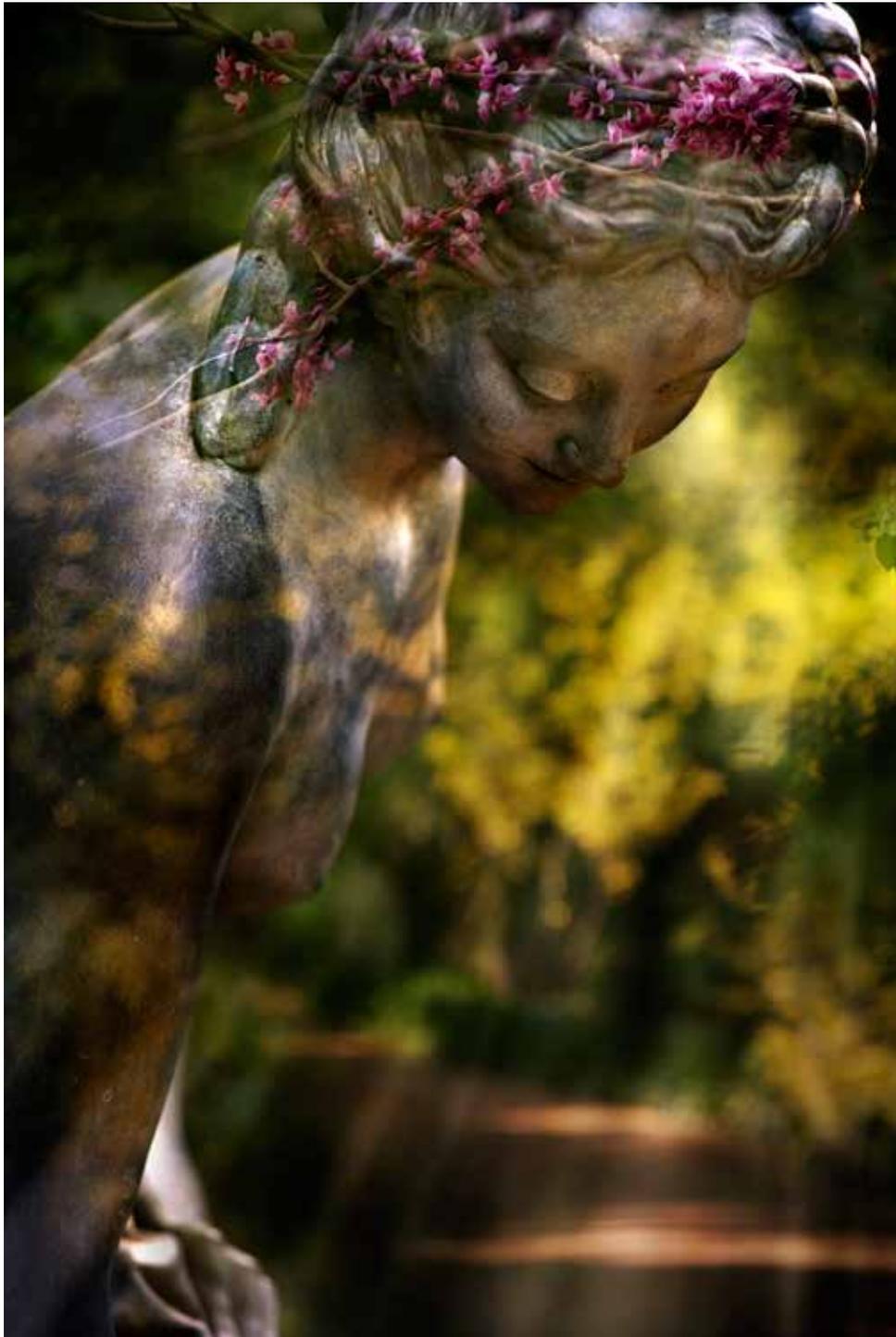


*Jaspers*

ORGANIC DAY SPA

a jewel in the crown





# JASPERS ORGANIC DAY SPA

## Introduction

Indulge in luxurious treatments that transports you to another place and time. **Jaspers Organic Day Spa** is a perfect setting to relax...a cocoon for revitalising the soul and to re-energise your mind and body either alone, with your partner or with friends.

We have created an opulent sanctuary for wellness. Serene in natural beauty and intimately private, the **Jaspers Organic Day Spa** provides a haven for renewal and inspiration for lifestyle change.

Our Spa features granite bathrooms, a Foot & Hand Spa Room with a Sauna, a Double & Single Treatment Room with a Marble Bath...all that you would expect to find in a luxuriously appointed Day Spa.

Our Spa therapists encompass an holistic approach to well-being and are passionate about delivering an enriched, tranquil and calming therapy.

During treatments contemplate our Sleeping Beauty Statue in the garden ~ a perfect backdrop for meditation.

Enjoy the journey as well as the destination...and everything in between!

To make your reservation, please email [info@jaspersberry.com.au](mailto:info@jaspersberry.com.au) with your preferred treatment, date and time or phone 1800 817 402.

# JASPERS ORGANIC DAY SPA



## Our Philosophy

We believe in bliss, utter joy and contentment. We believe in using nature's beauty to nurture your mind, body and spirit.

We have chosen to partner with the Australian made **Essence by Tamsin** products to bring you an exclusive range of spa therapies to enhance your treatment and experience at **Jaspers Organic Day Spa**.

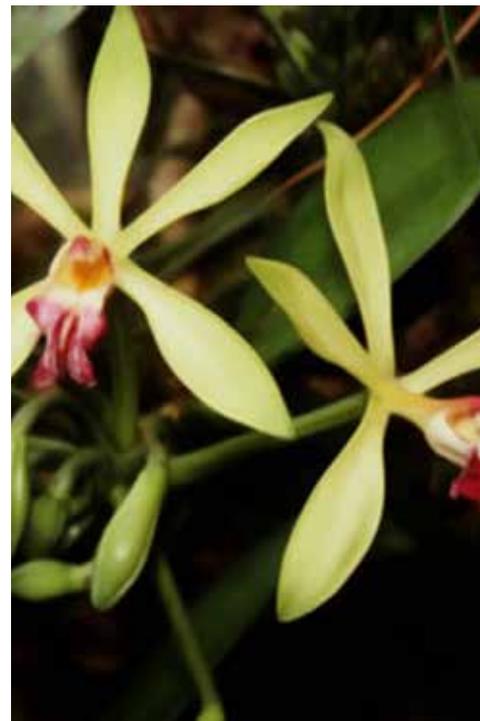
Essence Spa Products are developed and produced on the pristine South Coast of NSW. Drawing on natural resources from the earth and sea, Essence Products soothe and nourish the skin and body and infuse a deep sense of wellbeing to spirit and mind. The Essence Body & Spa range is designed to ease stress and tension, providing balance and harmony through the power of essential oils.

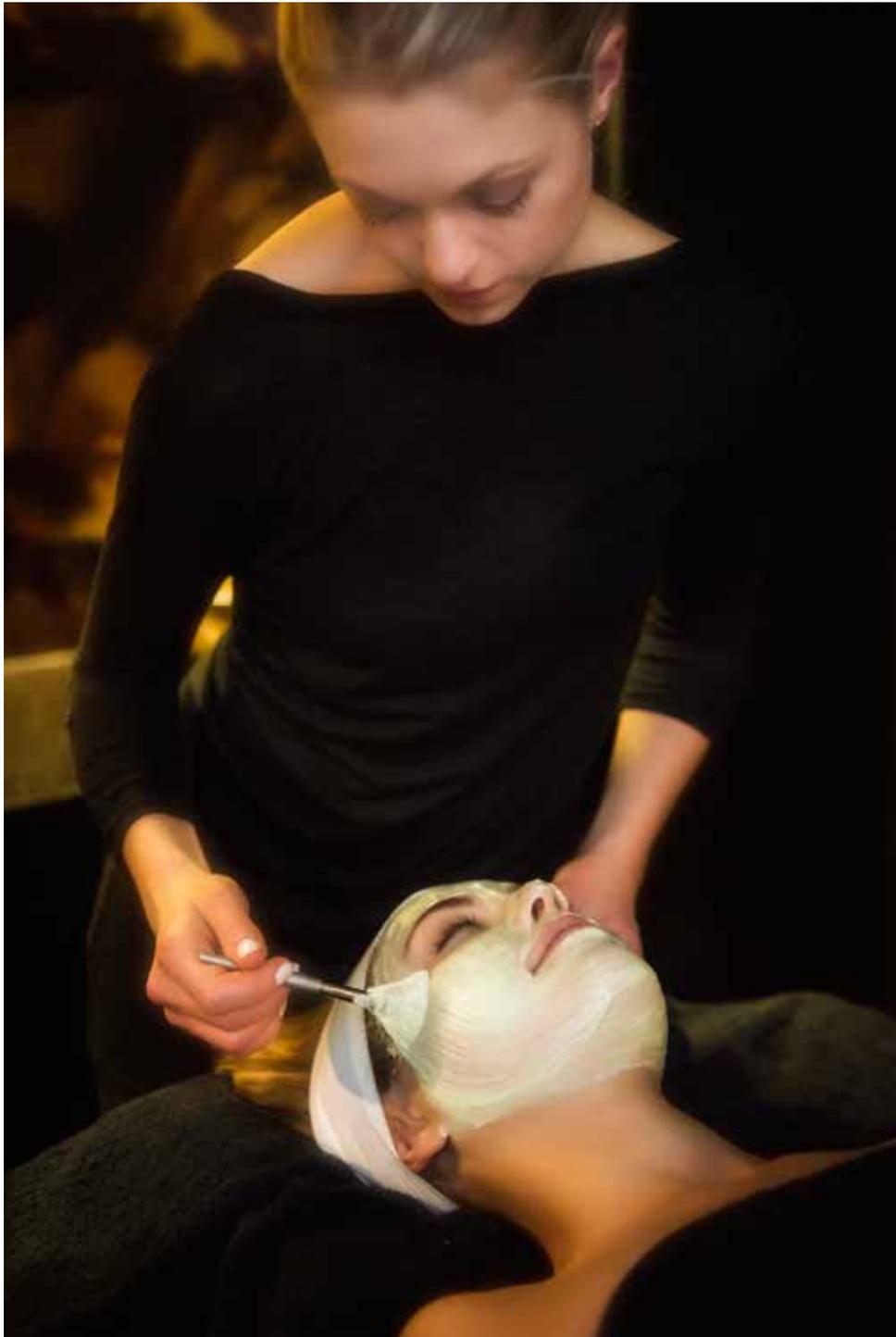
Our Spa therapies use Essence Products such as the luxurious Body Butter scented with Madagascan Vanilla that melts into the skin and Australian Pink Clay to cocoon and rehydrate the skin. For Massages, we use the Aromatherapeutic blend of essential oils to soothe and nourish and Avocado Oil, Marine Collagen and Rose Hip Oil to detoxify and rehydrate the skin.

Choose from facial, body and massage therapies or indulge in a tailored Day Spa Package to suit your individual needs.

Unwind in our sumptuous and serene private suite of rooms.

The **Jaspers Organic Day Spa** provides a haven...escape, embrace, experience.





## FACE THERAPY

### Food for the Face

#### **Jaspers Signature Facial (60min) \$185**

This skin specific organic facial is deeply detoxifying, helping to even skin tone and increase skin clarity.

This is a relaxing facial massage that releases a build-up of toxins, to improve radiance and restore a glowing complexion. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified, nourished and perfectly balanced.

Your therapist will tailor your facial specifically to the unique needs of your skin type.

#### **Jaspers Deluxe Radiance Facial (75min) \$220**

Jaspers Deluxe Radiance Facial is suitable for all skin types.

This facial boosts skin hydration, releases tension, restores elasticity and decreases the signs of aging... leaving the skin with a natural and radiant glow.

Your therapist will tailor your facial specifically to the unique needs of your skin type.

All prices quoted +gst



The time to relax is when you don't have time for it

Sydney J Harris



## BODY THERAPY

### Body Beautiful

#### Jaspers Hydrating Body Cocoon Mask (75min) \$220

Not just a body wrap, this treatment is a truly amazing total body treatment. Starting with our sea salt scrub to cleanse the body and soften the skin, followed by a light cleansing shower.

Next, experience a full hydrating body mask that will leave the skin luxuriously soft, refreshed and rebalanced.

This treatment is the ultimate spa experience and includes an aromatic relaxing scalp massage.

All prices quoted +gst



Bodies need to be re-energised, rejuvenated and nurtured

Alison Howard

# MASSAGE THERAPY

## Secrets of Sensual Healing

### Jaspers Body Signature Treatment (60min/90min/120min)

**\$160/\$190/\$240**

This deeply relaxing and restorative massage treatment begins with a soothing essential foot bath.

Next, using aromatic oils, your legs and feet will be massaged, moving upwards to the whole back, including the neck and shoulders.

Hands and arms will also get the attention they deserve finishing with a calming scalp massage.

### Ancient Stone Massage (60min/90min) \$175/\$225

If a deeply indulgent body massage is what you are looking for, then look no further.

Using our aromatic massage oils and a combination of Swedish massage techniques and warm volcanic stones, this ancient stone massage will simply melt away muscle tension, ease stress and stimulate blood circulation.

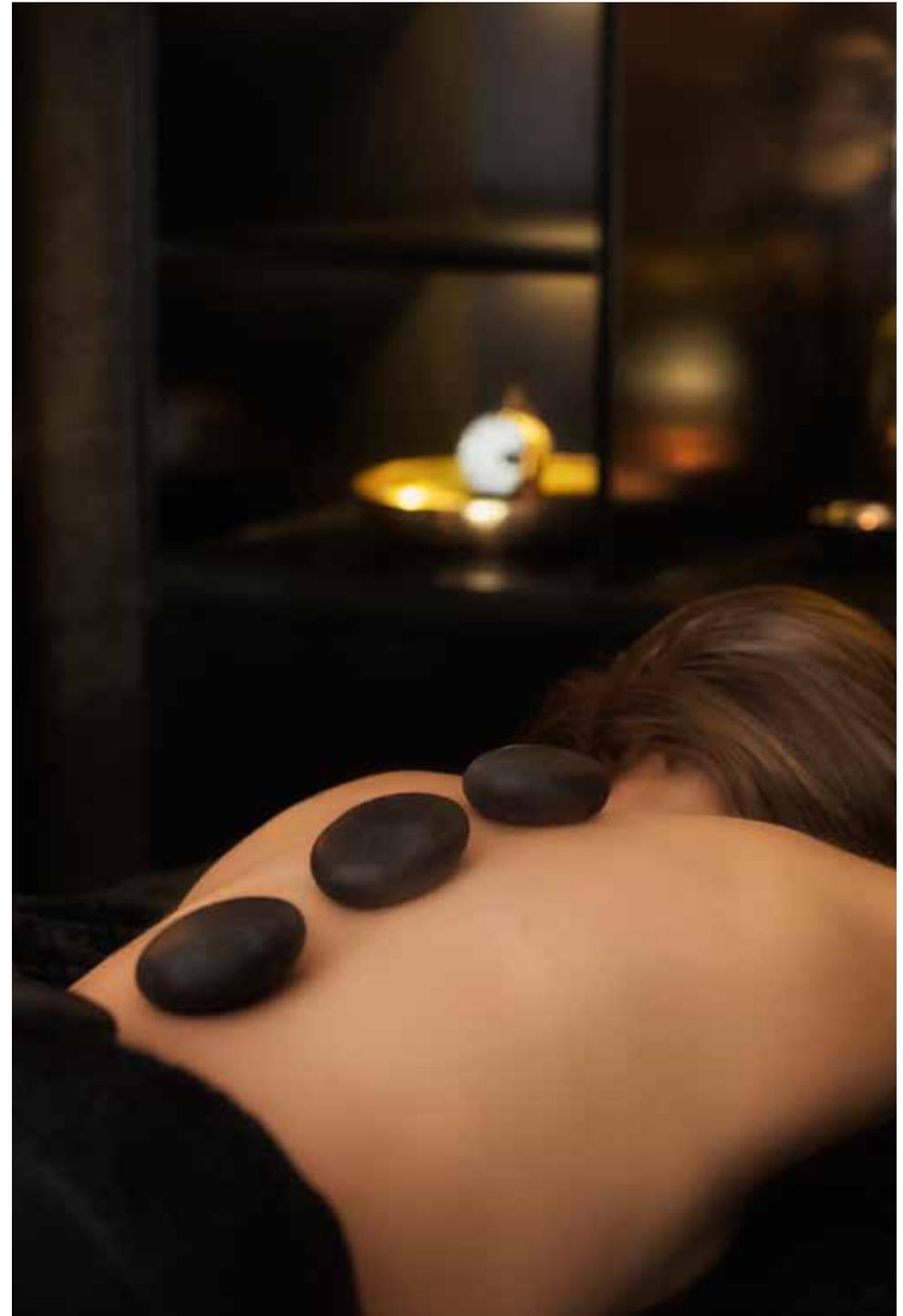
One stone movement is equivalent to 10 hand movements.

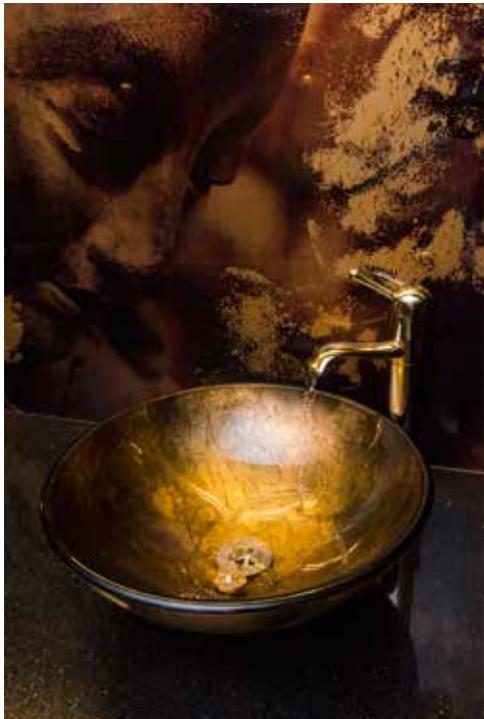
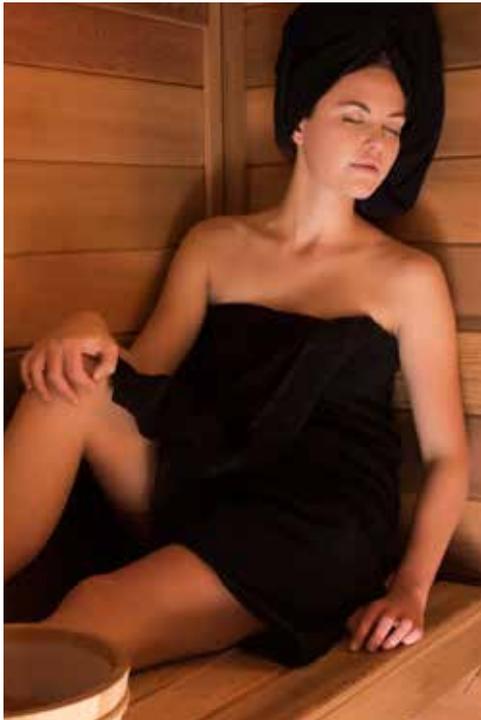
All prices quoted +gst



In the absence of touch, people of all ages can sicken and grow touch starved

Diane Ackerman





## SPA TREATMENT ADDITIONS

### Those little extras

#### Jaspers Refresher Facial (30min) \$90

The perfect finish after a massage or Cocoon Mask... finish off on a high note with your skin cleansed, exfoliated and refreshed... a luxurious way to complete your Spa Journey

#### Foot Ritual ~ salve for the soles (30min/60min) \$65/\$110

The perfect treatment to aid relaxation for everyone, particularly those suffering from fatigue, aching and heaviness in the feet and lower legs.

Enjoy a warm aromatic foot soak followed by a sea salt scrub and a Hot Stone Oil Massage.

The final touch... a foot mask for hydration and restoration

#### Sauna Indulgence ~ the ultimate surrender (30min) \$45

Our Sauna is a lovely way to start or complete your Organic Spa Journey. Enhance your meditation by contemplating our Sleeping Beauty Sculpture...relax those tired muscles with heat from the volcanic stones and the scent of the cedar wood... an all-time favourite!

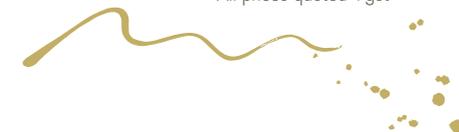
#### Sleeping Beauty Bubble Bath

#### ~ you can never have too many bubbles! (30min) \$60

Enjoy a glass of bubbles in a warm aromatic Rose Oil Petal Bath

Our 'Little Extras' are additional treatments and can only be booked in conjunction with other Spa Therapies.

All prices quoted +gst



One of the secrets of a happy life is continuous small treats

Iris Murdoch

## BABY ON BOARD

### Unwind Pregnancy Massage (60min) \$185

Feel nurtured and supported in a time of blossoming body change.

With the use of our specialty pregnancy pillow, our aim is to provide the most comfortable relaxing and supportive treatment. This massage will help relieve tension and stress on those sore muscles in your back and shoulders. The legs are massaged to ease the heavy feeling that can come from pregnancy and a full scalp massage completes this top to toe treatment.

Rosehip oil can be used on your baby belly if you would like a massage to your stomach.

This aids in supporting skin elasticity and reduction of stretch marks.

Combine the **Baby on Board Massage** with the **Jaspers Refresher Facial** (30min) \$90  
...be totally indulged, it is all about you!

## FOR THE BOYS

### Grooming Department Body Recovery (60min) \$185

Grooming Department Recovery treatment has been created to combat the stresses of modern life.

This is a simple and effective facial and head massage. We begin with a back massage using Hot Stones and our specially blended massage oil. Great for reducing stress and promoting deep relaxation... a perfect treatment to set you back on track.

Your therapist will tailor your facial specifically to the unique needs of your skin type.

### Grooming Department Signature Treatment (90min) \$225

Our signature treatment has been specially created for the modern active man.

This is a combination of facial and foot massage, using Hot Stones and acupressure.

The treatment encourages blood flow through the body, relieves stress and promotes deep relaxation.

Our signature treatment restores equilibrium ready for the challenges ahead...  
add a Sauna to this and your experience is complete!

All prices quoted +gst



Everyone needs nurturing and a little bit of loving

John Odel



## SPA THERAPY JOURNEYS

Pure indulgence and luxury, these individualised packages takes you on a journey of absolute bliss

### Girls just want to be Girls Day (2.5hours) \$330

minimum booking 3 Guests

Girls just want to have fun!

This journey will deliver a wonderfully relaxed state of mind and body.

Our Sauna is the optimal place for relaxation followed by a sea salt scrub to buff the skin. Shower and roll onto the treatment table and experience our Ancient Stone massage...if you are not already floating then this will be the treatment that will bring a deep sense of relaxation.

To complete your girly day, enjoy a glass of complimentary bubbles and our Jaspers Mezze Plate.

### Perfectly Pampered Sole to Soul Package (2 hours) \$280

minimum booking 2 Guests

This package is a perfect pick me up for best friends!

Take a step into foot heaven with a foot ritual followed by our indulgent body massage.

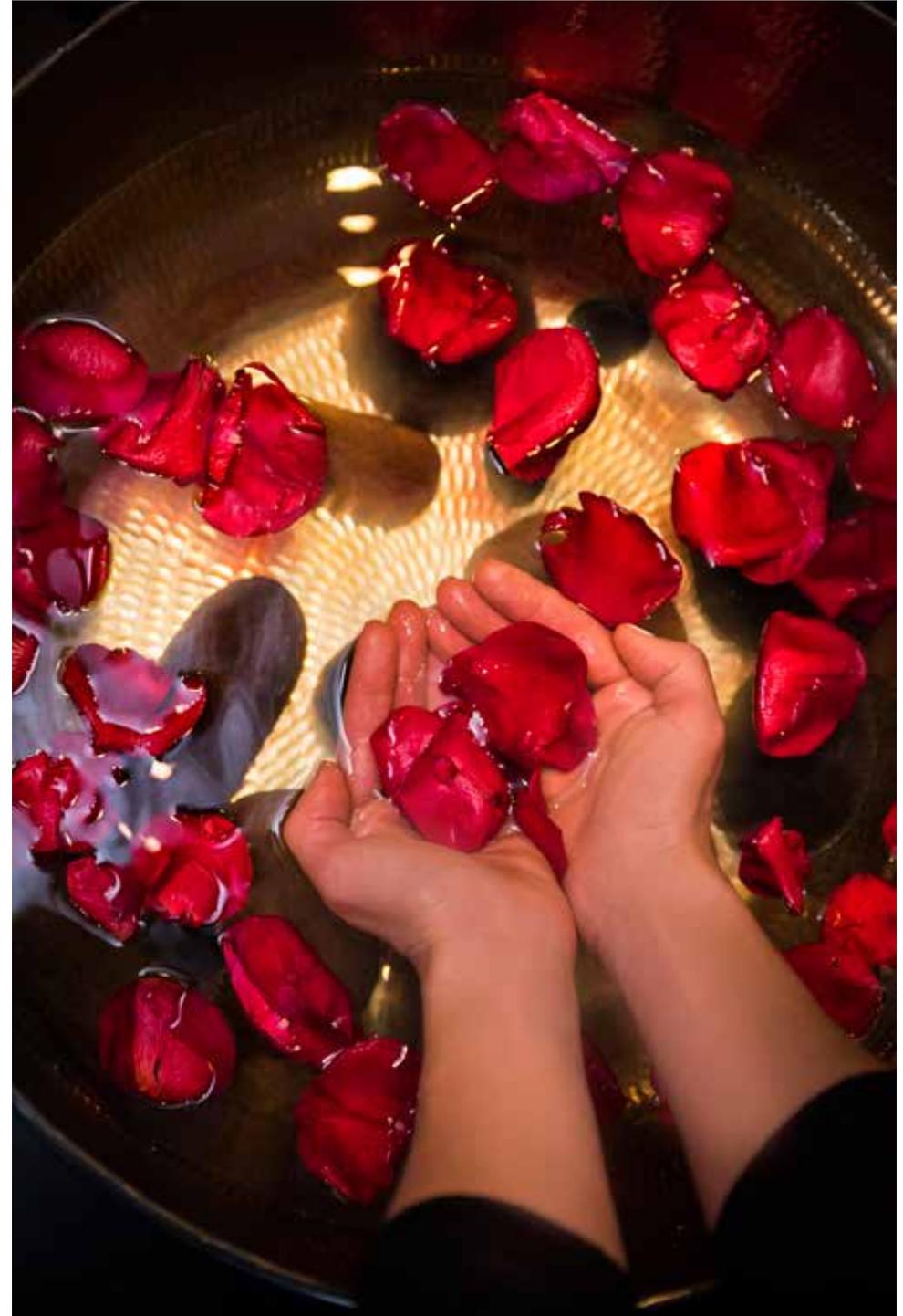
Complete this experience with our Jaspers Deluxe Radiance Facial. Your Spa Journey finishes with a glass of complimentary bubbles and our Jaspers Mezze Plate.

All prices quoted +gst



Take care of your body- it's the only place you have to live

Jim Rohn



# JASPERS ORGANIC DAY SPA TIME-OUT SPECIAL WEEKDAY OFFER

It's all about you!

Book any Facial, Body Therapy or Massage Treatment  
from Monday to Friday and we will include:

**Complimentary Foot Ritual (30min)**  
**+ Mezze Plate with a Glass of Champagne/Fruit Juice**

All prices quoted +gst



Almost anything will work again if you unplug it for a few minutes...including you

Anne Lamott



# ENHANCING YOUR SPA EXPERIENCE

## Spa Etiquette

### Jaspers Organic Day Spa Gift Vouchers

Indulge those you love with a Jaspers Organic Spa Gift Certificate, available for all treatments, products and packages.

Gift Voucher start from \$200 +gst . They are emailed and valid for 12 months from date of purchase.

Our team would be delighted to help you design a bespoke package of treatments.

Please note that Gift Vouchers are non-refundable and non-transferable.

### Group Bookings

We offer customised programs to suit all occasions, such as 'Hens Day' and we welcome group bookings.

### Cancellations Policy

Payment details will be taken at the time of booking to secure your treatment.

Cancellation within 48 hours will incur a 100% charge.

In case of a missed appointment with no advance notice (no show) a 100% charge also applies.

### Refund Policy

Treatment services, packages and products are non-refundable, non-transferable and non-exchangeable once purchased.

### Spa Arrival

Please arrive at least 15 minutes prior to your scheduled appointment.

If you arrive later, the treatment time will be reduced to finish at the scheduled time with the full price still being charged.

Prior to your first Spa treatment, a Therapy/Treatment Questionnaire is to be completed.

This form provides client health and injury history information for the therapist and allows you to inform the therapist of your goals for the session.

Please advise at the time of booking if your medical history includes serious illness, impaired immunity, allergies, high blood pressure, fever, diabetes or heart conditions. If you suffer from any of the above medical conditions a Doctors Certificate will be required before undergoing any Spa treatments.

### Pregnancy

We have tailored Spa treatments that are particularly suitable for mums-to-be and nursing mothers.

Our therapists will guide you in selecting the most suitable treatments for you during this special time.

The minimum age requirement for Spa treatments is 16 years of age.

### General Information

All Spa services may be subject to change without notice.

Lockers, robes and slippers are provided on arrival and disposable underwear and all amenities are provided during your treatment.

Please bring appropriate swim-wear as this is required at all times in the Sauna.

Alcohol or non-prescription drugs must not be taken prior to your Spa treatment and Guests under the influence will be asked to leave the Spa in the best interests of their health.

Our Spa environment is one of relaxation and tranquility. In light of this, our Spa precinct is a mobile phone and smoke free environment.

You are never required to be completely undressed during any treatments, though state of undress is a personal choice. Our therapists are trained in the art of draping the body so your modesty is always maintained.

### Loss or Damage

We regret that we cannot be held responsible for any loss or damage of your personal possessions.

When you visit, please remember to keep all valuables locked in your locker.

Please do not bring jewellery and valuables to the Spa.

A selection of teas and bottled water are available during your treatments.

### Treatments by appointment only

Jaspers Organic Day Spa is located at Jaspers Berry 4 O'Keeffe's Lane Jaspers Brush (4km from Berry)

Jaspers Organic Day Spa 1800 817 402



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